

Therapeutic Co-Project Manager:

Horticultural Therapy Trust (HTT)

Person Specification:

Knowledge

- Good basic knowledge of gardening and practical gardening techniques with an ability to confidently show participants methods of growing vegetables and flowers.
- Therapeutic knowledge of mental health conditions and awareness of Horticultural Therapy (this can come from transferable knowledge outside of Horticultural Therapy).

Experience

- Experience of supporting, mentoring and empathising with people who experience mental health challenges and trauma.
- Experience in project management and facilitation of programs supporting the well-being or pastoral care of both individuals and groups.
- Experience of supervising volunteers and participants

Qualifications

Essential

- GCSEs in English and Mathematics or NVQ equivalent

Desirable

- Relevant therapeutic training and experience (Person Centred Counselling, Horticultural Therapy, Social Work etc.).
- Prior training in safeguarding, trauma, First Aid, Mental Health First Aid would be appreciated but can be provided.

Skills

Essential

- Gardening, Wildlife Conservation or Environmental skills.
- Honesty and integrity with an ability to work reflectively.
- High level of emotional intelligence (empathy, congruence, compassion etc.).
- Good communication and listening skills.

- Ability to self-motivate and be confident working independently as well as part of a team.
- Creativity and flexibility in problem solving with an ability to adapt project management to meet participants changing needs.
- Therapeutic conversation skills with a desire to continue your professional development.
- Ability to practice self-care and self-reflection and engage with peer support.
- Basic computer, administration and budgeting skills.
- Proven project management and organisational skills.
- Ability to work respectfully and with confidentiality when assessing participants needs.
- English language proficiency

Desirable

- Mediation and conflict resolution skills for group settings.
- Skills in mentorship and pastoral care and guiding difficult conversations
- Experience writing funding proposals, organising project budgets and records and undertaking risk assessments.
- Ability to create and develop projects, workshops or educational programs.
- Enhanced DBS
- Full Driving Licence.